

## Health and Wellbeing projects and activities FUNDING APPLICATION

### 1. Applicant:

Name	Chippenham Leg Club
Organisation	On behalf of Chippenham Practices
Address	Hathaway Medical Centre, Rowden Surgery
Phone number	
Email address	

### 2. Amount of funding required from the Area Board:

£0 - £1000	
£1001 - £5000	X
Over £5000 (please note – our grants will not normally exceed £5000)	

### 3. Are you applying on behalf of a Parish Council?

Yes	
No	X

### 4. If yes, please state why this project cannot be funded from the Parish Precept?

### 5. Project title?

### 6. Project summary: (100 words maximum)

Leg clubs are a research based initiative which provide community-based treatment, health promotion, education and ongoing care for people of all age groups who are experiencing leg related problems. The leg club nursing teams are employed by the GP practice/NHS local providers and incorporate the leg club in to their everyday practice working in a unique partnership with patients (members) and the local community.

Working to best practice guidelines they provide a high standard of care in a local, social and friendly setting that promotes understanding, peer support and informed choice. No appointments are required and members can drop in to chat over a cup of tea or coffee while awaiting treatment.

Leg clubs are characterised by four binding principles

- A non-medical setting – sports clubs/village halls etc.
- Informal – open access, no appointment required. This encourages opportunistic attendance for information and advice, providing greatly increased opportunities for early

diagnosis and leg ulcer prevention and helps isolated older people reintegrate in to their community and help reduce and prevent avoidable admissions to acute settings.

- Collective treatment – people can share their experience, gaining peer support and encouraging them to take ownership of their treatment
- Integrated “well leg” regime – supporting maintenance of healthy legs, positive health beliefs and health promotion

**7. Which Area Board are you applying to?**

Chippenham

**8. What is the Post Code of the place where your project is taking place?**

SN15 1NH Chippenham Sports Club

**9. Please tell us which themes best describe your project:**

- |   |   |
|---|---|
| <input type="checkbox"/> Intergenerational projects                         | <input type="checkbox"/> Heritage, history and architecture           |
| <input checked="" type="checkbox"/> Older People Support/Activities         | <input type="checkbox"/> Inclusion, diversity and community spirit    |
| <input checked="" type="checkbox"/> Carers Support/Activities               | <input type="checkbox"/> Environment, recycling and green initiatives |
| <input checked="" type="checkbox"/> Promoting physical and mental wellbeing | <input type="checkbox"/> Sport, play and recreation                   |
| <input checked="" type="checkbox"/> Combating social isolation              | <input type="checkbox"/> Transport                                    |
| <input type="checkbox"/> Promoting cohesive/resilient communities           | <input type="checkbox"/> Technology & Digital literacy                |
| <input checked="" type="checkbox"/> Arts, crafts and culture                | <input type="checkbox"/> Other  |
| <input type="checkbox"/> Safer communities                                  |   |

If Other (please specify)

**10. About your project**

**Please tell us about your project (a strong application will address all of the following):**

How does your project support local needs and priorities?

Prior to the leg club the practices worked in isolation treating these patients in a medical setting. By taking this clinic in to a local sports club we are tackling some of the social isolation problems mentioned earlier particularly with the elderly.

How many older people/carers do you expect to benefit from your project?

We are currently treating 30-40 patients per session with leg ulcers and additional patients on top of this requiring skin, leg checks and doppler assessments which we can accommodate in the leg club.  
Age UK toe nail cutting service is due to relocate into the leg club in March 2018 bringing additional patients into a social setting.  
A volunteer group has been formed to help with refreshments and craft activities.

#### How will you encourage volunteering and community involvement?

The practice and community teams will work with local volunteers to set up a committee.  
  
We are also currently working with AGE UK with our Living Well worker and our Care Coordinator will have involvement in the club. Both of these staff members have access to a wide range of groups and voluntary agencies.  
We also have a close link working with Carers Wiltshire.  
  
The practices will also help to engage their Patient Participation Group members to be involved.

#### How will you ensure your project is accessible to everyone (for example: people living with a disability or on low incomes, or vulnerable, or socially isolated etc.)?

By engaging with as many voluntary services and community workers as we can:  
Community Nurses, Physio, OT, Dietician, Lymphoedema nurse, Tissue Viability nurses, Local Fire officer, Bobby Van, Dementia Advisor, Parish Nurse, Health trainer

#### How will you work with other community partners?

By engaging with all the above and inviting them along to the leg club on a regular basis to perform assessments help engage with the members

## 11. Safeguarding

**Please tell us about how you will protect and safeguard vulnerable people in your project (You must address all of the following):**

- Please provide evidence of your commitment to safeguarding and promoting the welfare of older/vulnerable people and their carers.
- How do you make sure staff and volunteers understand their safeguarding responsibilities?
- Who in your organisation is ultimately responsible for safeguarding?

All practice staff have undergone safeguarding training ranging from level 1-3 depending on their job role. All surgeries have a safeguarding lead GP and a deputy and all staff undertake regular updates. We have clear pathways for referring in to the safeguarding team, MASH (Multi agency safeguarding hub) and staff and volunteers who have been risk assessed and require a DBS check have undergone one.

## 12. Monitoring your project.

**How will you know if your project has been successful? \*required field**

In most countries around the world the average lifetime of a leg ulcer is 12 months with a recurrence rate of 70%. The Lindsay leg club network has over 10,500 members in 30 clubs in the UK alone, and has been amassing positive measuring healing outcomes and recurrence rates since its inception. At the end of 2013 these rates were calculated for all UK based leg clubs, with healing reported after 24, 48, 96 weeks of treatment, while recurrence was calculated at 24 and 48 weeks. "Recurrence rates in leg clubs were markedly lower than reported in non-leg club settings" concluded Professor Michael Clark who performed the analysis. In fact at 12.5%-15.8%, recurrence levels were just half the national average of 26-33% (with good concordance to treatment) and 56% (poor concordance to preventive care) as reported by Voden and Vowden (2006). There are various papers and references available for the effectiveness and cost savings on nursing time

average of 26-33% (with good concordance to treatment) and 56% (poor concordance to preventive care) as reported by Voden and Vowden (2006). There are various papers and references available for the effectiveness and cost savings on nursing time. Griffin J. Grobau GIG Cymru - NHS Wales Awards 2014. The Lindsay leg club foundation guidelines for venous ulceration match the NICE Clinical Knowledge Summary covering the following 4 issues:  
 Uncomplicated Venous leg ulcer  
 Infected Venous leg ulcer  
 Healed venous leg ulcer and Persistent venous leg ulcer  
<http://cks.nice.org.uk/leg-ulcer-venous>

## 13. If your project will continue after the Wiltshire Council funding runs out, how will you continue to fund it?

Following the set up of the club, which will have a committee, the club will become largely self-run and financed through a steering committee and volunteer team which will be recruited. A fundraising committee will apply for national funding and organise local fundraising events.

## 14. If this application forms part of a larger project (eg a community navigation project), please state what this project is and approximately how much the overall project will cost

**15. Finance:**

**15a. Your Organisation's Finance:**

Your latest accounts:

Month  Year

**Total Income:**

£

**Total Expenditure:**

£

**Surplus/Deficit for the year:**

£

**Free reserves currently held:**

**(money not committed to other projects/operating costs)**

£

**Why can't you fund this project from your reserves:**

We are a small community group and do not have annual accounts or it is our first year:

**15b. Project Finance:**

Total Project cost                      £

Total required from Area Board      £

**Expenditure                      £                      Income                      £                      Tick if income confirmed**

NB. If your organisation  
reclaims VAT you should  
exclude VAT from the  
(Planned Income [help](#))

expenditure  
 (Planned project costs [help](#))

Venue hire	2,500			<input type="checkbox"/>
				<input type="checkbox"/>
				<input type="checkbox"/>
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				<input type="checkbox"/>
Total	2,500	Total		

16. Have you or do you intend to apply for a grant for this project from another area board within this financial year? \*required field

- Yes
- No

17. Please list which area boards you are intending to apply, including this one (You can apply to a maximum of 3 Area Boards for the same project in a financial year) \*required field, if Yes to Q11.

**18. DECLARATION**

Supporting information - Please confirm that the following documents will be available to inspect upon request (You DO NOT need to send these documents to us):

**Quotes:**

- I will make available on request 1 quote for individual project costs over £500 & 2 quotes for project costs over £1000 (Individual project costs are listed in the expenditure section above)

**Project/Business Plan:**

- For projects over £50,000: I will make available on request a **project or business plan** (including estimates) for projects where the **total project cost** (as declared in the financial section above) exceeds £50,000 (tick only when total project cost exceeds £50,000).

**Accounts:**

- I will make available on request the organisation's **latest accounts**

**Constitution:**

- I will make available on request the organisation's Constitution/Terms of Reference etc.

**Policies and procedures:**

- I will make available on request the necessary and relevant policies and procedures such as Child Protection, Safeguarding Adults, Public Liability Insurance, Access audit, Health & Safety and Environmental assessments.

**Other supporting information (Tick where appropriate, for some project these will not be applicable):**

- I will make available on request evidence of ownership of buildings/land
- I will make available on request the relevant planning permission for the project.
- I will make available on request any other form of licence or approval for this project has been received prior to submission of this grant application.

**And finally...**

- I confirm that the information on this form is correct, any award received will be spent on the activities specified.